

BEAUTY SALON  
**TRU&**  
MEDISPA

## PRICE LIST



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Opening hours  
Monday to Friday 10am to 8pm  
Saturday 8am to 5pm

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## FACIALS

### Dermalogica Skin Prescriptive Facial

Do you have sensitive skin? Classic combination? Oily? Dreadfully dry? Perhaps you don't really know. We'll analyse and prepare a wonderful menu of treatments and suitable products just for you. Just relax and we'll do the rest. A truly revolutionary treatment is customised at every step.

Skin Prescriptive Facial (60 mins)	Treatment Price £68
Clean Start Express facial (30 mins)	Treatment Price £40

### Elemis Pro-Collagen Age Defy Facial

Tackle fine lines and wrinkles

Tackle fine lines and wrinkles with the clinically proven\* age-defying benefits of marine charged Padina Pavonica and Red Coral. Targeted massage encourages optimum cellular function for nourished, younger looking skin. \*Independent Clinical Trials

Pro-Collagen Age Defy Facial (60 mins)	Treatment Price £75
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### Elemis Superfood Pro-Radiance Facial

Revives dull, slackened skin, restoring radiance

A nutritional boost rich in superfoods and essential minerals designed to pack stressed, dull skin with energising, detoxifying actives. Clinically proven\* to leave skin plumper, radiant and lit up with good health. \*Independent Clinical Trials

Superfood Pro-Radiance Facial (60 mins)	Treatment Price £75
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### A-Lift anti-ageing facial

Reverse the signs of ageing without surgery through this incredible treatment. The deluxe anti-ageing facial that recharges your skin cell batteries! It helps your skin to renew quicker leaving you with younger looking skin and tightening the muscles around your face, eyes, neck and jaw.

We can also personalise the treatment to address different skin problems such as dark circles, dryness and sun damage.

#### Who does the A-lift benefit?

- Clients aged 25 plus (when the cell batteries don't charge as well as they used to)
- Clients who want to maintain a healthy complexion and look more youthful
- Clients who want a quick fix before a special occasion
- Clients in early 20s wanting to maintain a youthful look.

#### How many treatments are recommended?

For the best results we recommend a course of 10 treatments. Then following a course we suggest you top up with one treatment a month. In just one treatment you will notice a difference in your skin texture, muscle tone, deep lines and fine wrinkles.

Eyes only 30 mins	Treatment Price £40
Full face 60 mins	£70

## FACIALS - cont.

### Microdermabrasion

An effective treatment to help diminish fine lines, wrinkles and pigmentation. It reduces acne scarring, enlarged pores and improves sun damaged skin. Power diamond microdermabrasion courses of ten treatments are recommended. The machine works by exfoliating the dead skin away using a diamond head attached to a suction hose that then removes the dull dead skin.

One session, 30 mins  
 Course of 10 (x 30 mins)  
 One session, 60 mins  
 Course of 10 (x 60 mins)

Treatment Price £45  
 £400 *saving* £50  
 £80  
 £650 *saving* £150

### Dermapen

The revolutionary micro-needling treatment

Dermapen™ is a revolutionary micro-needling treatment, which aims to tighten, lift and rejuvenate the skin. It promotes scar less healing and natural collagen reproduction, similar to fractional laser treatments, IPL laser resurfacing and chemical peels but without the side effects and downtime. Dermapen™ can effectively treat hard-to-reach places, e.g around the eyes, nose and lips.

It is ideal for treating:

- fine lines
- wrinkles
- surgical, acne and trauma scars
- stretch marks
- discolouration and pigmentation

Dermapen™ treatment uses tiny micro-medical needles to create controlled trauma thereby harnessing the body's innate ability to re-grow and repair the skin as a response to micro-damage. And it offers great results without the usual 'down time' that comes with much more aggressive laser treatments and medium to deep chemical peels.

Medical needling stimulates the skin to regenerate and repair itself without adding or taking anything away from the body. Dermapen Therapy is a natural process which has an excellent safety profile when used by our trained cosmetic dermatology team.

Treatment Price £175

### Skin Rejuvenation (IPL)

The latest technology, Intense Pulsed Light (IPL) rejuvenates your skin. In 4-6 weeks you will see an incredible difference. The treatment effectively reduces redness of the face, neck and chest and in addition, works on reducing the signs of ageing, rosacea, wrinkles, enlarged pores and irregular pigmentation. Skin Rejuvenation is remarkably effective for lightening the skin, the treatment of age spots on hands and dark circles (if caused by pigmentation).

Treatment Price £100

### Vein Removal (IPL)

Photovascular technology is a new definitive treatment to reduce small broken capillaries. The treatment works by gently heating the vessels (broken capillaries), which are then absorbed by the body. Results can be seen in four weeks.

Treatment Price £70

## PEELS

### NeoStrata Skin Peel

Applied by either our in-house doctor or specially trained therapist, we use exclusively Neostrata Professional grade Peel. It not only works at the skin's surface to exfoliate dead, dull surface layers, it also stimulates the process of cell renewal among all layers, to reveal fresher, healthier cells. This peel has been clinically proven to:

- refine pore size and smooth texture;
- visibly diminish the appearance of fine lines and wrinkles;
- improve clarity and brightness;
- brighten and even skin tone;
- provide an all-over healthy glow, suppleness and smoothness to skin.

Neostrata is a medical strength Chemical Peel and its products are recommended by Dermatologists and Plastic Surgeons in over 60 countries. It is the #1 professional AHA skin care brand used only by physicians worldwide. Neostrata's peeling solutions, developed by renowned dermatologist and dermatopharmacologist, can be used to treat a multitude of skin imperfections such as fine lines, wrinkles, pigmentation irregularities, mild to moderate acne, superficial acne scarring and textural problems and is exclusively available through physicians.

We offer the following solutions:

- |                                     |                                     |
|-------------------------------------|-------------------------------------|
| 1. Neostrata 20%: 20% glycolic acid | 3. Neostrata 50%: 50% glycolic acid |
| 2. Neostrata 35%: 35% glycolic acid | 4. Neostrata 75%: 75% glycolic acid |

Body Skin Peeling	From £85 (45 mins)
Facial Skin Peel	From £80 (30 mins)

## HANDS AND FEET

Hands or feet - File and re-varnish VINYLUX Weekly polish	Treatment Price £20
Shellac Hands or feet - File and paint	Treatment Price £38

Shellac Removal is free of charge if applied by us, or £10 if applied by another salon.

## HAIR REMOVAL

### DMK ALKALINE WASH

Clearer, hair-free skin can be noticed immediately. A more thorough, long-term effects seen following a series of sessions. Best of all it's completely pain free!

The Alkaline Wash system is a fantastic treatment designed to reduce fine, downy hair, often found on the face and around other parts of the body. This type of hair is usually very fine and difficult to remove using Electrolysis, laser, or IPL Hair Removal, so the Alkaline Wash is an ideal, pain-free alternative. The treatment is suitable for men and women, and we have achieved great results when used to get rid of fine female facial hair.

Consultation & Patch Test (40 mins)	Free
Lip (40 mins)	Treatment Price £45
Chin (40 mins)	Treatment Price £45
Full Face (40 mins)	Treatment Price £80

## HAIR REMOVAL

### WAXING

We use two types of wax at True, Tea Tree for large areas and Hot Lycon for small areas and intimate waxing. See below for prices.

**Tea Tree** - This is a high quality antiseptic wax which is particularly good for more sensitive skin types.

**Hot Lycon** - This wax uses resins, natural ingredients and aromatherapy oils to remove stubborn hair as short as 1mm (1/16"). We are a leading Lycon waxing salon. This revolutionary, virtually pain-free waxing system was introduced to the UK in 2005 and started an immediate media frenzy as stars such as Sienna Miller, Victoria Beckham and Claudia Schiffer became firm fans.

Lycon offers a variety of waxes and oils to suit the needs of your skin and hair type. The wax shrink-wraps around the hair and doesn't stick to the skin. When the wax is removed it pulls from the very roof of the hair follicle, preventing hair breakage, in-grown hairs and the painful sting you can experience with other kinds of wax.

	Tea Tree	Lycon
Upper Half Leg Wax	Treatment Price £28	
Lower Half Leg Wax	£25	
Three-quarters Wax	£30	
Bikini Line (just the edges)		£24
Thong (slightly higher)		£26

	Tea Tree	Lycon
Brazilian (a lot higher, leaving just a strip on the top)		£41
Hollywood (all off)		£43
Half Arm Wax	£17	
Full Arm Wax	£23	
Lip Wax	£10	£10
Chin Wax	£10	£10
Upper Lip & Chin	£17	£17
Eyebrows	£12	£12
Chest Wax	£30	
Back Wax	£30	
Stomach	£20	

### THREADING

Lip	Treatment Price £10
Chin	£10
Lip and Chin	£17
Eyebrows	£12
Eyebrow Shape & Lip	£20

### EYES

Eyelash Tint	Treatment Price £16
Eyebrow Tint	£10
Eyebrow Reshape	£12
Eyebrow Shape and Tint	£20
Eyelash Tint, Eyebrow Tint and Eyebrow Shape	£36
Eyelash Tint and Eyebrow Tint	£25

\*\*A tint test must be carried out 24 hours prior to first lash tint\*\*

## BODY TREATMENTS

### BTL EXILIS ELITE™

#### Skin Rejuvenation

The new BTL Exilis Elite™ skin rejuvenation system represents the world's most advanced technology for body shaping, skin tightening and facial rejuvenation for both men and women.

#### What is BTL Exilis Elite™?

BTL Exilis Elite™ provides the most advanced non-surgical solution for ageing skin, treating your face and body safely and efficiently using blended technology – radiofrequency and ultrasound. Along with the benefit of cellulite reduction, collagen is stimulated and strengthened while loose skin is tightened. Proven by science, tested and confirmed by the best clinical experts, this revolutionary device produces amazing results.

#### BTL Exilis Elite™ offers the following benefits:

- Body and face can be treated within an hour
- Results can be seen within 2 treatments
- No needles or anesthetic required
- Affordable with no downtime and little risk of side effects
- Highly effective for the treatment of cellulite
- Improves the appearance of sagging, wrinkled skin
- FDA-approved
- Treats all areas of the face and body

#### How does it work?

Using cutting-edge patented technology Exilis Elite™ is the only device on the market to use a combination of radio frequency energy and ultrasound to eliminate the signs of ageing and re-contour the body.

### BTL Exilis Elite™ - Single Session

Consultation	30 mins free
Treatments start from	£150
Double Chin (30 mins)	Treatment Price £150
Lips (30 mins)	Treatment Price £150
Hands (30 mins)	Treatment Price £150
Decollate (30 mins)	Treatment Price £150
Lower, Upper or Full Face (90 mins)	Treatment Price £375
Inner or Outer Arms (60 mins)	Treatment Price £375
Love handles (60 mins)	Treatment Price £375
Inner or Outer Thighs (60 mins)	Treatment Price £375
Saddle Bags (60 mins)	Treatment Price £375

### BTL Exilis Elite™ - Course Prices

Treatment courses start from	£400	
Double Chin 4 sessions	Treatment Price £400	
Lips 4 sessions	Treatment Price £400	
Hands 4 sessions	Treatment Price £400	
Decollate 4 sessions	Treatment Price £400	
Lower & Upper Face 4 sessions	Treatment Price £1000	6 sessions £1400
Full Face 4 sessions	Treatment Price £1400	6 sessions £1900
Inner or Outer Arms 4 sessions	Treatment Price £1000	6 sessions £1400
Love handles 4 sessions	Treatment Price £1000	6 sessions £1400
Inner or Outer Thighs 4 sessions	Treatment Price £1000	6 sessions £1400

**BODY TREATMENTS - cont.**

**MASSAGE**

Are you suffering from tension headaches, feel knotted and tight? Then this is the perfect solution for you. We aim to reduce tension and relieve the negative effects of everyday stress using a combination of Swedish and free style massage, this treatment will loosen and relax your muscles.

Therapeutic Face & Full Body Massage (75 mins)	Treatment Price £85
Full Body (60 mins)	Treatment Price £70
Back & Neck Massage (40 mins)	Treatment Price £50
Back & Neck Massage (30 mins)	Treatment Price £40

**Head & Shoulder Massage**

Make your day perfectly relaxed by soothing away tension. It works on the neck and shoulders, quickly reducing headaches, neck and shoulder tension, eye strain, insomnia and stress.

Treatment time 30 mins	Treatment Price £40
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**Hot Stone Massage**

Hot Stone Massage combines the proven benefits of Swedish massage with deep heat and pressure. The therapist uses warm basalt stones as tools to massage the client's body.

The Physical benefits of Hot Stone Massage:

- |                          |   |
|--------------------------|---|
| 1) Increases circulation | 4) Decreases muscle spasm                   |
| 2) Speeds up metabolism  | 5) Decreases joint and tissue stiffness     |
| 3) Decreases pain        | 6) Activates Parasympathetic Nervous System |

30 mins	Treatment Price £55
60 mins	Treatment Price £75

**SPRAY TAN**

Vita Liberata - A revolutionary Spray-on tan with AMAZING instant results! It will leave you with a natural even golden glow, ideal for holidays and special occasions. With our fabulous all-over Face and Body Spray Tan you can keep a healthy, sun kissed look right through the year. All it takes is just 5 minutes to have your spray professionally applied and by the next morning your tan will have fully developed and won't wash off or streak. Whether you are partying, working out or taking a plunge at your local pool. If you are planning a summer holiday, you can bare all on the beach, from day one!

Your therapist will discuss the strength of tan you want and assess your skin type, then create a formulation and shade that's right for you. Exfoliating beforehand and using our optional Tan Extender you can keep your colour for up to two and a half weeks.

Full Face & Body Spray Tan	Treatment Price £30
Half Body	Treatment Price £25

## SEMI PERMANENT HAIR REDUCTION

### ELECTROLYSIS

A permanent removal of unwanted facial hair. The treatment uses a new, sterile needle each time. A consultation is required for all new clients.

5 mins	Treatment Price £12
10 mins	£20
15 mins	£25
20 mins	£30
30 mins	£39

### ZEOLIGHT LASER HAIR REMOVAL

Zeolight is a revolutionary, third generation Intense Pulsed Light (IPL) system that has been clinically proven to permanently reduce hair growth.

The procedure quickly and efficiently eliminates hair from all parts of the body and face and is suitable for virtually all hair and skin types, including dark-skinned clients.

Zeolight uses the energy from a light source, which is taken up by the pigments in the skin, hair and blood vessels. The hair is removed by using the light to generate heat in the melanin in the hair, which is transferred to the hair follicle (root) to destroy it.

Unlike electrolysis, the Zeolight treatment is non-invasive with no down-time or after effects. It is relatively pain-free, with some clients experiencing only a slight tingly sensation.

### Consultation and Patch Test

Upper Lip

Chin

Face

Neck

Under Arm

Bikini

Thong

Brazilian

Hollywood

Full Arms

Half Arms

Nipples

Chest

Stomach

Navel Line

Legs Half

Legs Full

Upper Leg

Buttocks

Hands / Feet

Back

### Treatment Price FREE

From £55

From £60

From £150

From £85

From £80

From £120

From £160

From £200

From £150

From £100

From £60

From £200

From £150

From £55

From £200

From £350

From £250

From £100

From £55

From £200

## COSMETIC ENHANCING

Dr Elly Amir BSc,BDS,MFDS works in private practices in London and Oxford providing cosmetic dentistry and facial Aesthetics. She has advanced training in dermal fillers and botulinum toxins and has a unique, gentle and caring approach to smoothing away the lines without changing you.

### WRINKLE TREATMENTS – BOTULINUM TOXIN

This revolutionary anti-wrinkle treatment is used for softening and smoothing age related facial lines by using a series of small, quick and painless injections placed directly into selected face muscles. The rejuvenating effect starts to work within 3-4 days and works for approximately 3-6 months depending on the strength of the muscles.

The treatment areas and prices are: frown lines, forehead lines, crows feet (around the eyes).

Consultations are free. Our special offer:

1 area	Treatment Price £225
2 areas	£295
3 areas	£325

Advanced treatment:

Neck and Lower Face	From £250
Armpits (Excessive Sweating)	From £450

### FACIAL LINE SMOOTHENING – RESTYLANE, JUVEDERM / DERMAL FILLERS

What are Dermal fillers?

Dermal fillers are a great way to restore volume to your face, soften lines and give yourself a fresh, natural look instantly. They are safe, gel-like products containing Hyaluronic Acid, which naturally occurs in the body and can be broken down over time. The treatment is preformed by numbing the treatment area first, with topical numbing cream or pain free local anaesthetic and then injecting the filler under the skin.

Restylane transforms your facial shape by adding volume, hydration and tissue support to dermal layers. The effects last for up to 6-12 months. Following the injection of dermal fillers some bruising, swelling and redness may occur.

The treatment areas are:

lines and wrinkles:

- oral commissures / marionette lines (lines going down from either side of the mouth);
- nasal-labial folds (the lines from the nose to the mouth);
- frown lines (between the eyes);
- chest lines (décolletage);
- eye line;
- smoothing out smile lines.

Restoring volume:

- creating beautiful fuller lips;
- defining cheek bones;
- some fillers are specifically designed to hydrate dry skin (chest/neck/hands).

Visit the Restylane website [www.restylane.co.uk](http://www.restylane.co.uk) for more information.

These consultations are free. Price is usually dependent on number of syringes used:

0.5 ml syringe	Treatment Price £250
1.0 ml syringe	£350

2nd syringe used at same treatment session	£200 (0.5 ml)
	£250 (1.0 ml)

Sub-Q treatment for cheek bone enhancement From £750

Vital treatment for neck/décolletage/hand From £350

Lip filler treatment Now £500 (normal price £600)

## TREATMENT PACKAGES

For all of our treatments we offer a package of **BUY A COURSE OF 5 AND GET THE 6th FREE**

### Male Package

A full one hour facial to help rejuvenate the skin, followed by a 30 minute back, neck and shoulder massage to ease away built-up tension and stress.

Treatment Price £100 (saving £8)

### Back & Chest Wax

Treatment Price £55 (saving £5)

### Hair Free Package (1 hour)

Under Arm, Bikini, Full Leg & Arms, Eyebrow Wax & Upper Lip Treatment Price £110 (saving £6)

With Brazilian £125 (saving £9)

With Hollywood £126 (saving £10)

### Waxing Packages

Half Leg and Thong £48 (saving £3)

Half Leg + Brazilian £63 (saving £3)

Half Leg + Hollywood £64 (saving £4)

Full Leg + Bikini Line £54 (saving £3)

Full Leg + Underarm £45 (saving £2)

Full Leg + Thong £56 (saving £3)

Full Leg + Brazilian £71 (saving £3)

Full Leg + Hollywood £72 (saving £4)

## GIFT VOUCHERS

If you've enjoyed your beauty salon experience why not share it with friends and family? True Gift Vouchers make the perfect present. What you spend is up to you and organising them is really easy. Just ask in the salon next time you're in, or you can give us the details by phone, including your personal message, and we'll do the rest. It's our tip for totally stress-free gift buying!

**Call 020 8892 7999 to order your vouchers now!** Note: vouchers valid for 6 months from date of issue.

*A special offer just for you!*

**Purchase a course of 6 treatments  
PAY for only 5**

Book your treatment online at [www.truebeautysalon.co.uk](http://www.truebeautysalon.co.uk) or call us on **020 8892 7999**

### PLUS

- Get **0% finance** on all our IPL courses - ask in salon for details
- Recommend a friend and receive a £10 True Beauty voucher via email to spend in salon
- We reward all our regular clients with our points scheme loyalty card - ask in salon for details.

### Our cancellation policy

PLEASE NOTE 24 hours' notice is requested for cancellations, otherwise a 50% charge will be incurred.

